



Wake County

SUPPORT GROUPS

You are not alone. Find your community at one of our free support groups.
No registration required.

CONNECTIONS SUPPORT GROUP (PEERS)

Raleigh

Highland United Methodist Church
1901 Ridge Rd., Second Floor
First Three Mondays
7:00-8:30 pm

Knightdale

Northside Community Church
621 N. First Ave.
Thursdays
7:00-8:30 pm

Wake Forest

Wake Forest United Methodist Church
905 S. Main St.
Second thru Fourth Tuesdays
7:00-8:30 pm

Fuquay-Varina

St. Bernadette Catholic Church
1005 Wilbon St.
Mondays
6:00-7:00 pm

FAMILY SUPPORT GROUPS

Raleigh

Highland United Methodist Church
1901 Ridge Rd., Second Floor
First Three Mondays
7:00-8:30 pm

Cary

Christ the King Lutheran Church
600 Walnut St., Room 101
Second & Fourth Tuesdays
7:00-8:30 pm

Wake Forest

Wake Forest United Methodist Church
905 S. Main St.
Second thru Fourth Tuesdays
7:00-8:30 pm

Garner

Garner United Methodist Church
201 Methodist Dr. Room 212
Second and Fourth Thursday
7:00-8:30 pm

SPECIAL

Caregivers of Children Under 21

531 Keisler Dr. Ste. 104
Cary, NC 27518
Second Saturdays
10:30-12:00pm

Peers & Family

Wake County Human Services
220 Swinburn St., Raleigh
Fridays
2:00-3:30 pm

For more information, contact Gorgon Gogola at gogolags@hotmail.com.