

Key Information

- The facility will house 16 beds with the capacity to serve individuals ages 6-12 and 12-17.
- The facility is located at 400 W Ransom Street in Fuquay-Varina. It will serve youth from across the Alliance region.
- It will be attached to Tier IV Behavioral Health Urgent Care (open 24/7) for assessment, observation and disposition including involuntary commitment (IVC) situations.
- It will enhance our crisis continuum including Mobile Crisis, Rapid Response, and evidence-based and best practices such as Family Centered Treatment (FCT), Ecosystemic Structural Family Therapy (ESFT), Strengthening Families Program (SFP), Parent-Child Interaction Therapy (PCIT), Trauma-Focused Cognitive Behavioral Therapy (TF-CBT) and Intercept.
- Alliance selected KidsPeace through a competitive process to be the partner for this program to provide facility-based crisis services and Tier IV Behavioral Health Urgent Care for children and adolescents. KidsPeace currently operates three very similar programs in the northeast in addition to a 120-bed psychiatric hospital. They employ the Sanctuary Model (described below) in their residential programs and are Joint Commission accredited.
- \$1 million was allocated by the NC General Assembly to assist with renovations.
- The construction period for the facility will include significant asbestos and mold eradication. If re-zoning is successful in February, its projected opening is late-2019.

Program Elements

Service Requirement Factors	Programmatic Strategy to Address the Factors
Assessments and evaluation of the condition(s) that has resulted in acute psychiatric symptoms, disruptive or dangerous behaviors, or intoxication from alcohol or drugs	KidsPeace will employ a psychiatrist and psychologist in order to provide clinically sound assessment and medical oversight of youth. The psychiatrist and psychologist will conduct initial assessments and treatment team members will provide regular updates to and engage the psychiatrist and psychologist in decision making for the youth in care.
Intensive treatment, behavior management support and interventions, detoxification protocols as addressed in the beneficiary's treatment plan	Treatment planning will occur under a treatment team, which will include the Support Services Coordinator, Medical Director, Psychologist, Nurse Practitioner, Registered Nurse, Licensed Professional, Mental Health Technician, Customer Support Specialist, youth, and family members.
Assessments and treatment service planning will address each of the beneficiary's primary presenting diagnoses if the child is dually diagnosed with mental health and substance abuse disorders or mental health or substance abuse with a co-occurring intellectual developmental disability, with joint participation of staff with expertise and experience in each area	Staff with expertise in the areas of intellectual developmental disability and substance abuse disorders will be utilized to most effectively meet the needs of youth with varying primary presenting diagnoses. Programming for youth with intellectual developmental disabilities will focus on rehabilitation and teaching of daily life skills and functioning. Youth with co-occurring disorders will participate in psychoeducation groups. Clinical strategies will include Motivational Interviewing and cognitive behavioral strategies.
Active engagement of the family, caregiver or legally responsible person, and significant others involved in the child's life, in crisis stabilization, treatment interventions, and discharge planning as evidenced by participation in team meetings, collaboration with staff in developing effective interventions, providing support for and input into discharge and aftercare plans	The Support Services Coordinator, Nurse Practitioner, Registered Nurse, and Licensed Professionals will maintain regular and ongoing contact with the family. Communication will occur via phone and in person, and the family will remain closely involved as members of the youth's treatment team.
Stabilization of the immediate presenting issues, behaviors or symptoms that have resulted in the need for crisis intervention or detoxification	Staff will utilize Safe Crisis Management (SCM) and Sanctuary Model to de-escalate crisis and stabilize immediate issues.
Monitoring of the beneficiary's medical condition and response to the treatment protocol to ensure the safety of the beneficiary	The Medical Director will maintain professional oversight of the youth's medical care. Registered Nurses and Nurse Practitioners will be on-site 24 hours a day to ensure safety and meet the medical needs of each youth.
Discharge planning	The Support Services Coordinator will begin discharge planning at admission, including linkage to community based services and community supports, re-entry to school, coordination of aftercare services or referral to a higher level of care post-discharge and the development of a crisis plan. Each member of the treatment team will complete a comprehensive summary of his or her assessments and interactions with the youth. Collaboration would occur on a daily basis to develop an appropriate level of care recommendation.

Evidence-Based and Promising Practice Models of Treatment

KidsPeace has implemented the *Sanctuary Model*® throughout the organization.

Sanctuary is an organizational change model that uses trauma-informed care to help children heal from the experiences that have shaped their behaviors that resulted in their residential placement. It creates a safe, non-violent environment for children and staff, and assists in forming healthy relationships, which are the fundamental building blocks for treatment. It teaches an understanding of trauma and its effects on children, adults and the organization as a whole.

Non-violent crisis intervention is a key factor in stabilizing youth who come to KidsPeace for care. *Safe Crisis Management (SCM)* is a comprehensive training program focused on preventing and managing crisis events, and improving safety in agencies and schools. SCM is trauma-sensitive and emphasizes building positive relationships with individuals.

Life Space Crisis Intervention Conflict Cycle is a cognitive behavioral tool that emphasizes the process of identifying what happened during a conflict, what was going on with the youth at the time of the conflict, the youth's emotions, and factors impacting the youth's behaviors and how the youth will continue through the day and make amends with others involved.

Examples of promising and evidence-based practices utilized in current KidsPeace programs include the following:

- The Sanctuary Model
- LSCI – Life Space Crisis Intervention
- SCM – Safe Crisis Management
- TF-CBT
- Motivational Interviewing
- Trauma Recovery and Empowerment (TREMS)
- Parent Management Training
- Girl's Circle
- Thinking for a Change
- Seeking Safety
- Life Skills Training