



Wake County

SUPPORT GROUPS

You are not alone. Find your community at one of our free support groups.
No registration required.

CONNECTIONS SUPPORT GROUP (PEERS)

Raleigh

Highland United Methodist Church
1901 Ridge Rd., 2nd Floor
First Three Mondays
7:00-8:30 pm

Wake Forest

Wake Forest United Methodist Church
905 S. Main St.
2nd-4th Tuesdays
7:00-8:30 pm

Knightdale

Northside Community Church
621 N. First Ave.
1st & 3rd Thursdays
7:00-8:30 pm

FAMILY SUPPORT GROUPS

Raleigh

Highland United Methodist Church
1901 Ridge Rd., Second Floor
First Three Mondays
7:00-8:30 pm

Cary

Christ the King Lutheran Church
600 Walnut St., Room 101
Second & Fourth Tuesdays
7:00-8:30 pm

Wake Forest

Wake Forest United Methodist Church
905 S. Main St.
Second thru Fourth Tuesdays
7:00-8:30 pm

Garner

Garner United Methodist Church
201 Methodist Dr. Room 212
Second & Fourth Thursday
7:00-8:30 pm

SPECIAL

Peers & Family

Raleigh
Wake County Human Services
220 Swinburn St., Raleigh
Fridays
2:00-3:30 pm

Fuquay-Varina
St. Bernadette Catholic Church
1005 Wilbon St.
Mondays
6:00-7:00 pm

For more information, please contact helpline@nami-wake.org.